

## FAITHFUL TRAINERS

Proverbs 27.6 // January 25, 2026

### WOUNDS THAT HEAL

Any worthwhile growth comes with some short term pains and wounds. From surgery on our bodies, to training in the gym or in sports, there are wounds that are meant to heal and build up.

God has designed us to have various trainers in our lives that are meant to bring about discipline, correction, exhortation, and even wounds. These trainers are found in the body of Christ, of which we have been called to as a means of our own sanctification and transformation. This is seen even as we go back to **Genesis 2** where God said, "it is not good for man to be alone."

**Your need for help is not a result of the fall,  
But the result of being human. You are not God.**

### FAULTY INTERPRETATIONS

Being that we are limited in our understanding, and that we are not God Himself, none of us make decisions based simply on facts, but on how we *interpret the facts*. Married couples, friends, Christians, and theologians can look at the same facts and yet come to various conclusions. When we keep to ourselves, we are able to hide our *faulty* interpretations and decisions, but when we are in the context of those who love us *and* love Christ and His truth, it is much harder to keep our faults hidden.

Hebrews 3.13 // Proverbs 27.17

### WE NEED EACH OTHER

**True friendship calls you out of  
the darkness of personal privacy  
into the loving candor of mutual concern.  
It moves you from being a sealed envelope  
to being an open letter.**

-Paul Tripp, Instruments in the Redeemer's Hands

When Adam and Eve first sinned, they instantly hid. They hid their nakedness, and in then they hid in the bushes to hide their shame. This is exactly what the enemy would desire for us. He wants us to keep our faults, our idols, and our weaknesses hidden from each other and hidden from God (as if that is even possible). But God has called us to be vulnerable and to walk in light. That, and that alone, is how we are able to walk in freedom from shame and condemnation.

## NOTES:

### Announcements:

**Community Meal:** Next Sunday after service we will enjoy some time of food and fellowship together, with a "breakfast for lunch" theme! Signup to bring something to share here:



<https://lmcink.com/cm>

**Women's Gathering:** One week from tomorrow, Feb 2<sup>nd</sup>, from 7-8:30pm. Carrie Erdos will be hosting, and we will be studying the book of James together. This is a no-homework study, so show up, bring a Bible, and get ready to study God's Word and fellowship together.

### This Week's Call to Worship Psalm:

**Psalm 84.1-4, 10-12**

### This Week's Scripture to Memorize:

**John 6.63**

It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life.

## ARE YOU NEW HERE?

### WELCOME TO LIFE MISSION!

We'd love for you to **fill out a Connection Card** so we can welcome you and answer any questions you may have. You can drop it in the offering basket during the service or take it to one of our teammates at the **Connection Booth** outside. Feel free to grab some coffee and snacks in the courtyard and hang out. We hope you'll **join us next Sunday** and consider making us your church family.

### WHAT ABOUT THE KIDS?

Our childrens' ministry, which we call **Kids on Mission**, has classes for **newborns - 5th grade**. We have a great team of volunteers who have all been screened with background checks for extra security. Each week your child will get to **worship** with their class, followed by an **age-appropriate lesson** that points them towards Jesus and helps root them in the Word of God.

Visit our website to read more about the vision of Kids on Mission and a walkthrough of our curriculum. If you have any questions, email **Amber Willis at [amber@lifemission.tv](mailto:amber@lifemission.tv)**

### JUNIOR HIGH & HIGH SCHOOL

Our **6th - 8th graders** begin each Sunday by **worshipping with the adults** and then head to their classroom with their teacher and classmates for the rest of service. Visit our website to read more about our junior high ministry and a walkthrough of our curriculum.

Our **9th-12th graders stay in the service** with the adults because we believe that it is crucial for them to not "graduate the faith" when they graduate high school.

For more information about our Junior High & High School ministries, email **Tyler Willis at [tyler@lifemission.tv](mailto:tyler@lifemission.tv)**.

## Contact Us

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## CONNECT WITH LMC



Point your smart phone camera at the QR Code to access a virtual Connection Card

### MAILING ADDRESS:

Life Mission Church  
420 Twin Oaks Valley Rd., #908  
San Marcos, CA 92079

## COMMUNITY GROUP HOMEWORK

Open the evening reciting the **Memory Verse** together. Then open to the **Call to Worship Psalm** and have someone open the night by *praying* the Psalm.

Read **Proverbs 27.6**. What stands out here or from Sunday's sermon?

### Preaching the Gospel to Yourself

"Wounds" and "pain" aren't usually associated with "good news," but what part of these kinds of wounds and pains and challenge actually bring us true good news as it pertains to our growth and transformation in life?

### Your Life Mission

When are some times in your life when you have been disciplined, trained, hurt, worn out, or wounded by situations or by others, but had it later result in fruit and transformation in life? What was your initial reaction to it, and when did your perspective (interpretation) of that pain or challenge change?

We are called to go and share the Gospel, make disciples, and teach and train others in the words and ways of Christ. To do this, however, we must be trained, equipped, and disciplined for the purpose of godliness. In what areas of life do you feel you need good, strong, and even challenging training from others? What is stopping you from pursuing that training?

Close the Community Group by praying through the pattern of the Lord's Prayer!

### THE LORD'S P.R.A.Y.er MODEL

- **Preaching the Gospel to Yourself (Matthew 6.9, 10)**
- **Repent and Confess (Matthew 6.12)**
- **Ask for Provision (Matthew 6.11-13)**
- **Yield with Thanksgiving (Matthew 6.10)**

Father, be glorified in \_\_\_\_\_, let Your Kingdom and will be done, in and through \_\_\_\_\_ as it is in Heaven.

Give \_\_\_\_\_ daily bread, and thank You for Your forgiveness.  
Help \_\_\_\_\_ to forgive \_\_\_\_\_,  
because You are the One who has forgiven us.

Keep \_\_\_\_\_ eyes fixed on You and Your Word and promises so that \_\_\_\_\_ may not sin against You.  
Thank You for and help me trust Your sovereign love.



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### SUNDAYS AT 10AM

Life Mission Church Meets at Classical Academy High School  
207 E Pennsylvania Ave, Escondido 92025

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