

## REFRESH LOADING

Isaiah 40.28-31 // October 19, 2025

### FRAGILE

**“Even youths shall faint and be weary, and young men shall fall exhausted;...”**

-Isaiah 40.30

At every stage of life we are always in need of more strength, but it's just beyond having. Why you ask; because the Father wants you to know how much you need Him.

### OUR STRENGTH

The Good shepherd wants to feed you. He wants you to drink of the well where thirst ceases to exist.

**“...but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles;”**

-Isaiah 40.31

### JESUS: OUR FORERUNNER

**He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power. After making purification for sins, he sat down at the right hand of the Majesty on high,**

-Hebrews 1.3

Jesus ran the perfect qualifying race. He competed according to all the rules. Every command and statute that was given by the Father was completed in Jesus' race through humanity.

**When our habit is to seek Word of God, the unknown is now seen through the lens of a perfect loving Father. Fear becomes comfort in His will.**

## NOTES:

### Announcements:

**Fall Family Game Night:** Come join us for a fun night of food, games, music and fellowship together! October 26<sup>th</sup> from 5-7pm, here at the school. Sign up to participate and/or help out: <https://lmcInk.com/954564>

**Fall Community Group Signups:** Sign up for one of our Community Groups here: <https://lmcInk.com/jvq>

**Psalms Reading:** Sign up to read the opening Psalm on Sunday Mornings! (All you have to do is show up and read...we'll send you the Psalm ahead of time.) <https://lmcInk.com/xfx>

### This Week's Call to Worship Psalm:

**Psalms 77.16-20**

### This Week's Scripture to Memorize:

**Romans 11.33**

Oh, the depth of the riches and wisdom and knowledge of God! How unsearchable are his judgments and how inscrutable his ways!

## ARE YOU NEW HERE?

### WELCOME TO LIFE MISSION!

We'd love for you to **fill out a Connection Card** so we can welcome you and answer any questions you may have. You can drop it in the offering basket during the service or take it to one of our teammates at the **Connection Booth** outside. Feel free to grab some coffee and snacks in the courtyard and hang out. We hope you'll **join us next Sunday** and consider making us your church family.

### WHAT ABOUT THE KIDS?

Our childrens' ministry, which we call **Kids on Mission**, has classes for **newborns - 5th grade**. We have a great team of volunteers who have all been screened with background checks for extra security. Each week your child will get to **worship** with their class, followed by an **age-appropriate lesson** that points them towards Jesus and helps root them in the Word of God.

Visit our website to read more about the vision of Kids on Mission and a walkthrough of our curriculum. If you have any questions, email **Amber Willis at [amber@lifemission.tv](mailto:amber@lifemission.tv)**

### JUNIOR HIGH & HIGH SCHOOL

Our **6th - 8th graders** begin each Sunday by **worshipping with the adults** and then head to their classroom with their teacher and classmates for the rest of service. Visit our website to read more about our junior high ministry and a walkthrough of our curriculum.

Our **9th-12th graders stay in the service** with the adults because we believe that it is crucial for them to not "graduate the faith" when they graduate high school.

For more information about our Junior High & High School ministries, email **Tyler Willis at [tyler@lifemission.tv](mailto:tyler@lifemission.tv)**.





## Contact Us

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## CONNECT WITH LMC



Point your smart  
phone camera at  
the QR Code to  
access a virtual  
Connection Card

### MAILING ADDRESS:

Life Mission Church  
420 Twin Oaks Valley Rd., #908  
San Marcos, CA 92079

## COMMUNITY GROUP HOMEWORK

Open the evening reciting the **Memory Verse** together. Then open to the **Call to Worship Psalm** and have someone open the night by *praying* the Psalm.

**Read, reflect and discuss Isaiah 40.28-31.** Was there anything in Sunday's sermon that stood out? Any challenges, convictions and/or encouragements?

### Preaching the Gospel to Yourself

What are the things in life that cause you to weary? How *do you* handle the weight of life and how would you *like to* handle the weight of life? What habits do you need to start or restart?

### Your Life Mission

How are you going to exercise your encouragement muscle? Which people in your life do you have a relationship with that you can discuss God's penetrating Truth? How can your personal relationship with Jesus lead to a Gospel conversation?

## THE LORD'S P.R.A.Y.er MODEL

- Preaching the Gospel to Yourself (Matthew 6.9, 10)
- Repent and Confess (Matthew 6.12)
- Ask for Provision (Matthew 6.11-13)
- Yield with Thanksgiving (Matthew 6.10)

Father, be glorified in \_\_\_\_\_, let Your Kingdom  
and will be done, in and through \_\_\_\_\_ as it is in Heaven.

Give \_\_\_\_\_ daily bread, and thank You for Your forgiveness.  
Help \_\_\_\_\_ to forgive \_\_\_\_\_,  
because You are the One who has forgiven us.

Keep \_\_\_\_\_ eyes fixed on You and Your Word and promises  
so that \_\_\_\_\_ may not sin against You.  
Thank You for and help me trust Your sovereign love.



# LIFE MISSION

## CHURCH

MAKING DISCIPLES WHO MAKE DISCIPLES LOCALLY AND GLOBALLY,  
WHO ARE SAVED, EQUIPPED, AND SENT BY THE GOSPEL.

# HEBREWS

THE TRUE AND BETTER

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## SUNDAYS AT 10AM

Life Mission Church Meets at Classical Academy High School  
207 E Pennsylvania Ave, Escondido 92025

## GET TO KNOW MORE ABOUT US ONLINE

LIFEMISSIONCHURCH.COM



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