

HOW TO SWIM IN THE DEPTH OF HIS RICHES

Ephesians 3.14-21 // February 2, 2025

BREATHING IN, BREATHING OUT

No "one way" relationship can survive, much less thrive. With Christ, if we are only "breathing in" our own thoughts, worries, or desires, we will always be one-sided, because we will only then be "breathing out" our thoughts, fears, and worries.

Worry is simply praying to yourself.

For every one look at yourself, take 10 looks at Christ.

-Robert M'Cheyne

**One look at Christ will you do more good
than poring over your own wounds for a month.**

-John Newton

ADDING FUEL TO THE FIRE

Any genuine prayer is good, but when we learn to respond to His Word, and when we pray from the well of Truth and the riches of His glory, our hearts become more aligned with Him, and like fuel (our prayers) being added to the fire (God's Word), our prayers and back and forth relationship become explosive.

Praising Him helps us enter the real world.

-C.S. Lewis

A DEEPER DIVE

- Meditate on Scripture: "To mutter." Ask questions, ponder, preach to yourself. Think deeply about what you're reading, slowly, intentionally.

**The Word isn't received as it flits about in the brain.
But when it takes root in the depth of the heart.**

-John Calvin

Joshua 1.8 // Psalm 119.27 // Psalm 143.5, 6
Colossians 3.16 // Jeremiah 15.16 // Psalm 119.9-11

- Memorize Scripture: Like a "just add water" meal, storing God's Word in our hearts gives us *instant* access in our time of greatest need.
- Praying Scripture: This is the apex of "breathing out."

**The wedding of the Bible and prayer
anchors your life down in the real God.**

-Tim Keller

- Pray Aloud: This helps keep us focused and less likely to wander.
- Make a Spot: Make this a place that you look forward to meeting with God.

Short prayers are long enough.

-Charles Spurgeon

NOTES:

Announcements:

Community Meal: Today after service! Stay for a time of food and fellowship with your church family.

Women's Gathering: We'll be kicking off our 2025 Women's Gathering series on the Beatitudes tomorrow, Feb 3 (7-8:30pm), at Carrie Erdos' house. Katie will be leading the first discussion on "Putting Our Trust in God."

Prayer & Worship Night: Mark your calendars...we'll be having a night of prayer and worship on February 12. More details to come.

This Week's Call to Worship Psalm:

Psalm 25.1-7

This Week's Scripture to Memorize:

Psalm 121:1-2

I lift up my eyes to the hills. From where does my help come? My help comes from the Lord, who made heaven and earth.

ARE YOU NEW HERE?

WELCOME TO LIFE MISSION!

We'd love for you to **fill out a Connection Card** so we can welcome you and answer any questions you may have. You can drop it in the offering basket during the service or take it to one of our teammates at the **Connection Booth** outside. Feel free to grab some coffee and snacks in the courtyard and hang out. We hope you'll **join us next Sunday** and consider making us your church family.

WHAT ABOUT THE KIDS?

Our childrens' ministry, which we call **Kids on Mission**, has classes for **newborns - 5th grade**. We have a great team of volunteers who have all been screened with background checks for extra security. Each week your child will get to **worship** with their class, followed by an **age-appropriate lesson** that points them towards Jesus and helps root them in the Word of God.

Visit our website to read more about the vision of Kids on Mission and a walkthrough of our curriculum. If you have any questions, email **Amber Willis at amber@lifemission.tv**

JUNIOR HIGH & HIGH SCHOOL

Our **6th - 8th graders** begin each Sunday by **worshipping with the adults** and then head to their classroom with their teacher and classmates for the rest of service. Visit our website to read more about our junior high ministry and a walkthrough of our curriculum.

Our **9th-12th graders stay in the service** with the adults because we believe that it is crucial for them to not "graduate the faith" when they graduate high school.

For more information about our Junior High & High School ministries, email **Tyler Willis at tyler@lifemission.tv**.

Contact Us

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CONNECT WITH LMC



Point your smart phone camera at the QR Code to access a virtual Connection Card

MAILING ADDRESS:

Life Mission Church
420 Twin Oaks Valley Rd., #908
San Marcos, CA 92079

COMMUNITY GROUP HOMEWORK

Open the evening by reading the **Call to Worship Psalm** and reciting the **Memory Verse** together. Then pray the Psalm and the Memory Verse to open up discussion.

Read **Ephesians 3.14-21**. What stands out in this verse and from Sunday's sermon?

Preach the Gospel to Yourself

Ephesians 3.14-21 is full of so many great promises and Gospel truth. What aspect of the Gospel of God's grace is a helpful reminder for you as you train (and inevitably stumble through) in building a trellis of habit and liturgy for your life?

Your Life Mission

Which of these "trellis pieces" has been something you have been pursuing or committing to? What have been the good and also challenging parts of it?

Share with the group some various ways you've been able to see some success in your "training" in any of these areas. Hopefully folks will be encouraged as they hear various ideas from one another.

The Word: _____

Prayer: _____

Community: _____

THE LORD'S P.R.A.Y.er MODEL

- **Preaching the Gospel to Yourself (Matthew 6.9, 10)**
- **Repent and Confess (Matthew 6.12)**
- **Ask for Provision (Matthew 6.11-13)**
- **Yield with Thanksgiving (Matthew 6.10)**

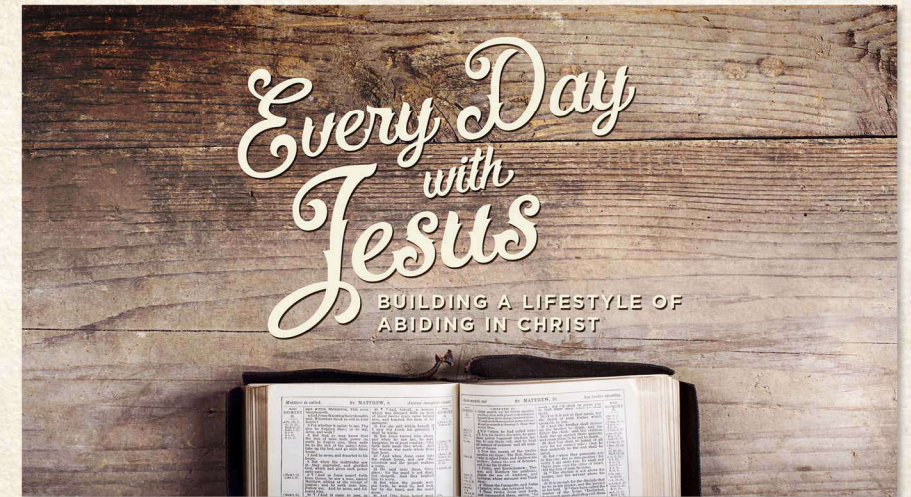
Father, be glorified in _____, let Your Kingdom and will be done, in and through _____ as it is in Heaven.

Give _____ daily bread, and thank You for Your forgiveness.
Help _____ to forgive _____,
because You are the One who has forgiven us.

Keep _____ eyes fixed on You and Your Word and promises
so that _____ may not sin against You.
Thank You for and help me trust Your sovereign love.



MAKING DISCIPLES WHO MAKE DISCIPLES LOCALLY AND GLOBALLY,
WHO ARE SAVED, EQUIPPED, AND SENT BY THE GOSPEL.



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SUNDAYS AT 10AM

Life Mission Church Meets at Classical Academy High School
207 E Pennsylvania Ave, Escondido 92025

GET TO KNOW MORE ABOUT US ONLINE

LIFEMISSIONCHURCH.COM

