

## TEACH US TO P.R.A.Y.

Luke 11.1, Matthew 6.9-13 // February 11, 2024

### THE AROMA OF CHRIST

It's of paramount importance that we remind ourselves that "building a trellis" or habits or rhythms is *never* the goal. Just in the same way that a bucket can't satisfy our thirst, but is only as good as the water that it can draw from the well, our rhythms and practices can be empty and powerless if they don't bring us before the One that we seek and the Living Water that He gives us.

**Outside work without inside work is like watering part of a tree except the roots, and expecting it to grow.**

-Edward Fisher

Let's also keep in mind that we ought not separate "sacred" from "secular." Paul said, "whether you eat or drink, or whatever you do, do all to the glory of God." Abiding and growth in the Vine is *not* just for "quiet time" or "spiritual practices." We can be with Him and following close to Him in all that we do.

**Let your house be a meeting house for the wise;  
and cover yourself in the dust of their feet;  
and drink their words with thirstiness.**

-*Mishnah*, Yossef ben Yoezer, ca. 200 B.C.

2 Corinthians 2.14, 15

### THE LORD'S PRAYER

Jesus doesn't leave us in the dark on how to pray well. And not only does He tell us *how* to pray, but even how *not* to pray. Learning to pray the Lord's Prayer does *not* mean just memorizing it and reciting it as if it is a magic spell or lucky charm. Rather, it gives us guidance on how to shape our very personal prayers so that we can marry our hearts with His heart.

Luke 11.1 // Matthew 6.9-13 // Matthew 6.7, 8

### PRAYING THE PSALMS

The Psalms were given to Israel as a prayer book and hymnal. They were designed to be sung by His people so they could express their own hearts and concerns in a unified way.

**The Psalms penetrate the Lord's Prayer and the Lord's Prayer penetrates the Psalms. So it is possible to understand one on the basis of the other and bring them into joyful harmony.**

-Martin Luther

Meditating on Scripture is a mix of prayer, pondering, and preaching to self. It is often not a clean delineation, but a cocktail of various ways we can spend time at the feet of Jesus in order that we become covered in His dust and His aroma.

## NOTES:

#### This Week's Call to Worship Psalm:

**Psalm 63: 1-8**

#### This Week's Scripture to Memorize:

**1 Timothy 1:15**

The saying is trustworthy and deserving of full acceptance, that Christ Jesus came into the world to save sinners, of whom I am the foremost.

## ARE YOU NEW HERE?

### WELCOME TO LIFE MISSION!

We'd love for you to **fill out a Connection Card** so we can welcome you and answer any questions you may have. You can drop it in the offering basket during the service or take it to one of our teammates at the **Connection Booth** outside. Feel free to grab some coffee and snacks in the courtyard and hang out. We hope you'll **join us next Sunday** and consider making us your church family.

### WHAT ABOUT THE KIDS?

Our childrens' ministry, which we call **Kids on Mission**, has classes for **newborns - 5th grade**. We have a great team of volunteers who have all been screened with background checks for extra security. Each week your child will get to **worship** with their class, followed by an **age-appropriate lesson** that points them towards Jesus and helps root them in the Word of God.

Visit our website to read more about the vision of Kids on Mission and a walkthrough of our curriculum. If you have any questions, email **Amber Willis at [amber@lifemission.tv](mailto:amber@lifemission.tv)**

### JUNIOR HIGH & HIGH SCHOOL

Our **6th - 8th graders** begin each Sunday by **worshipping with the adults** and then head to their classroom with their teacher and classmates for the rest of service. Visit our website to read more about our junior high ministry and a walkthrough of our curriculum.

Our **9th-12th graders stay in the service** with the adults because we believe that it is crucial for them to not "graduate the faith" when they graduate high school.

For more information about our Junior High & High School ministries, email **Tyler Willis at [tyler@lifemission.tv](mailto:tyler@lifemission.tv)**.

## Contact Us

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## CONNECT WITH LMC



Point your smart phone camera at the QR Code to access a virtual Connection Card

### MAILING ADDRESS:

Life Mission Church  
420 Twin Oaks Valley Rd., #908  
San Marcos, CA 92079

## COMMUNITY GROUP HOMEWORK

Open the evening reciting the **Memory Verse** together. Then open to the **Call to Worship Psalm** and have someone open the night by *praying* the Psalm.

Read **Matthew 6.9-13** and **2 Corinthians 2.14, 15**. What stands out in these passages and from Sunday's sermon?

### Preaching the Gospel to Yourself

When you think of praying the Lord's Prayer as a model, what comes to mind? Does it sound repetitive or empty? Or does it sound more like something that could really help you abide with Jesus? How would praying the Lord's Prayer and the Psalms help you to truly abide in the Vine more effectively, and why do you think those would help?

### Your Life Mission

For us to be pouring ourselves for the sake of others, we must be first filled. And though we know that we are already filled in Christ, we also know that we don't often operate *from* that filling. This is why we must aim to be built up in Christ: not just for our sakes, but for the sake of those around us! What "building materials" from the **LifeMAPs** (or from elsewhere) are you wanting to add to your trellis so that you can cultivate vibrant Vine growth so that you can more richly walk as an ambassador for Christ? **Close your group time with someone each taking one of four main elements of the Lord's Prayer and praying them for the group.**

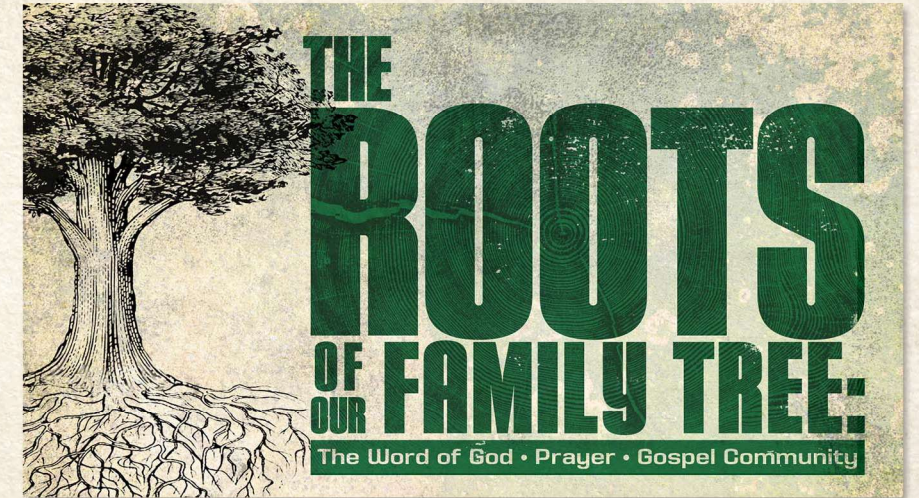
## THE LORD'S P.R.A.Y.er MODEL

- **Preaching the Gospel to Yourself (Matthew 6.9, 10)**
  - Always begin your time of prayer focusing on God's goodness, who He is, and what He has done for us. Pray truths from this week's text.
- **Repent and Confess (Matthew 6.12)**
  - Confess any particular sin that prevents you from walking out what God calls us to in the text, or any other particular sin you are wanting to fight. Ask Him to help you have strength to repent and run towards Him.
- **Ask for Provision (Matthew 6.11-13)**
  - Ask God for new perspective and for the things that you need. Once our hearts are fixed on Him, we can ask Him to help us with our needs. When your heart is begin filled with the Gospel first, your asking will be far more in line with God's desires and will. Ask Him to work in the relationships in your life that you are hoping to share God's love with.
- **Yield with Thanksgiving (Matthew 6.10)**
  - End your prayer by giving God thanks for His faithfulness and ask Him to help you trust and yield to His work and ways.



LIFE MISSION  
C H U R C H

MAKING DISCIPLES WHO MAKE DISCIPLES LOCALLY AND GLOBALLY,  
WHO ARE SAVED, EQUIPPED, AND SENT BY THE GOSPEL.



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## SUNDAYS AT 10AM

Life Mission Church Meets at Classical Academy High School  
207 E Pennsylvania Ave, Escondido 92025

GET TO KNOW MORE ABOUT US ONLINE

LIFEMISSIONCHURCH.COM

